

FOOD TRIVIA QUIZ

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- 1> President Reagan's administration classified what school lunch food as a vegetable?
- 2> Chinese White Cabbage is known by what other name?
- 3> Portobello and Shiitake are types of what food item?
- 4> What kind of fat helps reduce cholesterol and is considered the 'good' kind?
- 5> A 'Geoduck' is a type of what?
- 6> What part of the cinnamon tree does the spice come from?
- 7> Which of the following dishes is NOT made with cornmeal?
- 8> Riboflavin and niacin are found in what complex vitamin?
- 9> The side dish couscous is made primarily from what?
- 10> Caesar Salad was first prepared in what country?

Answers: 1> Ketchup 2> Bok Choy 3> Mushrooms 4> Monounsaturated fat 5> Clam 6> Bark 7> Risotto 8> Vitamin B 9> Wheat 10> Mexico

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